



NIRMALA COLLEGE OF PHARMACY

Muvattupuzha, Ernakulam(Dist.), Kerala - 686 661, India

Managed by Nirmala College Society (Reg. No. ER 928/ 2001), Diocese of Kothamangalam

[Approved by AICTE; PCI, New Delhi; Govt. of Kerala and Affiliated to Kerala University of Health Sciences, Thiruvananthapuram]

Ph: 0485 - 2836888, Fax: 0485 - 2836888, e-mail: nip_mvpa@yahoo.co.in

No.

Date.....

Date : 02/01/2018

CIRCULAR

Subject: Prohibition of Single-Use Plastic and Proper Disposal of Waste on Campus

In our collective effort to promote environmental sustainability and create a cleaner and healthier campus environment, we are implementing a comprehensive plan to prohibit the use of single-use plastic and to ensure the proper disposal of various types of waste.

The use of single-use plastic items such as disposable cups, plates, cutlery, straws, and plastic bags is strictly prohibited on campus premises. We encourage everyone to adopt sustainable alternatives such as reusable containers, utensils, and bags from 1/2/2018.

To enhance waste management practices, we are introducing labeled waste bins across the campus. Please pay close attention to the specific types of waste that should be deposited in each bin.

Copy to:

Student Notice board

Class teachers

HODs of all department

Non-teaching staff representative




Principal

PRINCIPAL
Nirmala College of Pharmacy
Muvattupuzha, Ernakulam (Dist.)
Kerala-686 661



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No.

Date.....

Date: 5/10/2013

CIRCULAR

Subject: Circular - Installation of Solar Power System for Energy Conservation

This is to inform the staff and students of the institution that, as part of the energy conservation measure, the institution has installed a 10 kV solar system on campus. The inauguration of the same will be held on 10/2/2013 in the seminar hall at 10.00 a.m. All staffs are invited.


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No.

Date.....

Date: 5/10/2020

CIRCULAR

**Subject: Implementation of Campus 7 Software to Reduce Paper Usage and
Provide a user-friendly interface to the data**

In our continuous pursuit of sustainability and embracing technological advancements, we are excited to announce the implementation of the Campus 7 software across our college campus. This initiative aims to streamline various administrative and academic processes, ultimately reducing our reliance on paper and promoting eco-friendly practices.

- The students can collect the User Id password from class teachers
- Training on C7 Modules and usage will be provided by the class teacher
- The parent login will be provided during the next PTA meeting

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Parents group



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No.

Date.....

Date: 5/10/2020

CIRCULAR

Subject: Circular - Proper Disposal of Food Packaging Material

In our ongoing commitment to sustainable practices and environmental consciousness, we have recently integrated a biogas plant into our campus waste management infrastructure. While the food waste bins are designed to collect organic waste for the biogas plant, we would like to emphasize the importance of avoiding the discarding of food packaging materials in the food waste bins.

Guidelines for proper disposal,

- Discard only the food waste in food waste bin
- Please ensure that food packaging materials, are not disposed of in the food waste bins.
- Place packaging items, such as plastic containers, papers and aluminium foils, in the designated recycling bins across the campus.

Copy to: Student notice board

Class teachers

HODs of all department

Non-teaching staff representative



Principal

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Kerala-686 661

**REPORTS OF ACTIVITIES FOR THE
IMPLIMENTATION OF THE
INITIATIVEDOCUMENT**



NIRMALA COLLEGE OF PHARMACY

Nirmala Hills, Muvattupuzha P.O.,
Ernakulam district, Kerala, India - 686 661

Date: 17.12.2022

TREASURE FORM TRASH

An orientation class on waste segregation and management(**GREENEVO Pvt Ltd**) is being organized by Internal quality assurance cell in association with nature club on 20.12.2022 Tuesday (2PM) in the seminar hall for teaching and non-teaching staff, nature club members and class representatives.

Resource person
Mr Jose Augustine
Director
GREENEVO pvt ltd

PRINCIPAL

Dr. BADMANABAN. R
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Muvattupuzha, Ernakulam (Dist.)
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India, New Delhi. Certified by ISO 9001:2015. Accredited
by IAO & NBA (UG Pharmacy)



TREASURE FROM TRASH

Date: December 20, 2022

Venue: Seminar Hall

Time: 2:00 PM

The orientation program on waste management and segregation, conducted by Green Evotech Private Limited, took place on December 20, 2022, at the Seminar Hall. The event was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the Nature Club. The program provided participants with a comprehensive understanding of the importance of responsible waste disposal practices. It is anticipated that the knowledge gained will contribute to a positive change in waste management habits within the institution and the community at large.





TREASURE FROM TRASH

PARTICIPANT LIST

Date: 20/12/2022

SI NO	NAME	DESIGNATION/ BATCH	SIGNATURE
1.	Anuraga Annie Tom	Assand's Professor	Anuraga
2.	Jobin Kuriyamoiluv	Art. Pr. or	Jobin
3.	Elmy Issa John	IV Pharm D	Elmy
4.	Fazlana Nigal	IV Pharm D	Fazlana
5.	Elizabeth Rachel James	"	Elizabeth
6.	Aneeta Baiju	"	Aneeta
7.	Anne Thomas	staff	Anne
8.	Gini Kurian	"	Gini
9.	Manu. Anil	"	Manu
10.	Lali George	"	Lali
11.	Lucy John	"	Lucy
12.	Pbina Manoj	"	Pbina
13.	Bendu mol P r	Lab Technician	Bendu
14.	Jisha. I. G	Lab Technician	Jisha
15.	Meerby Sunny	Lab Asst	Meerby
16.	Shiji George	Lab Asst	Shiji
17.	Dina Xavier	Lab Asst	Dina
18.	Biju Francis	Lab Asst	Biju
19.	Jolly Joseph	Lab: Asst	Jolly
20.	Jose Matthew	Lab: Asst	Jose
21.	Reji P. S	Store	Reji
22.	Salvosh George	Lab: Asst	Salvosh
23.	Vinse. M. Michael	Lab: Asst	Vinse
24.	Akash Johnson	7th Sem BPharm	Akash
25.	Rakhy Jolly	"	Rakhy
26.	Akash Vinod	"	Akash
27.	Anuvind Suresh	"	Anuvind
28.	Anjana Baby	M-pharm. Pharmacology	Anjana
29.	Jobin Johnson	M-PHARM PHARMACEUTICS -	Jobin
30.	Jose Paul Tiby	1st Sem Bpharm	Jose
31.	Joel. P. Jose	"	Joel
32.	ARON JOSH Y	1st PHARM D	Aron
33.	ASHMI JALAL	1st st B PHARM	Ashmi
34.	TESVIA MARIA JOHNSON	1 st Sem B Phorm	Tesvia
35.	AIOSE MARIA KURIAN	4 th SEM BPHARM	Aiose
36.	Abiya Baby	4 th Sem BPharm	Abiya
37.	Bincy Tomy	4 th Sem BPharm	Bincy
38.	Krishna Das	1st Pharm D	Krishna
39.	Juby Jijo	1st Pharm P	Juby
40.	Krishna Priya Kes	1st Pharm D.	Krishna
41.	Agnes martin	1st pharms D	Agnes
42.	Alsha. A	"	Alsha
43.	Ganga. K. G	"	Ganga
44.	Riya Ann Thomas	1 st Pharm D	Riya
45.	Anjali Tose	"	Anjali
46.	M. M. AMAL	I sem B-pharm	M. M.
47.	GODWIN THOMAS	"	Godwin
48.	Joyal M Joy	1st pharm D	Joyal
10	Tinil Tomy	"	Tinil

51.	Frederick Alappattu	3rd PharmD	W. J.
52.	Edwin Sam	3rd Pharm D	Edwin
53.	Agnes Elizabeth	3rd Pharm D	Agnes
54.	Hanna Mathew	3rd Pharm D	Hanna
55.	Appanna S Biju	3rd Pharm	Appanna
56.	Dr. Nardhi Kuyam. m	Professor.	Dr. Nardhi
57.	ANGEL BABY	1 st Pharm D	Angel
58.	Kochuzhappu Saby	1 st Pharm D	Kochuzhappu
59.	Anabel Benney	1 st Pharm D	Anabel
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Inaugural Address



Orientation session



Demonstration of segregation of waste



NCP/026/23

Date : 14/03/2023

CIRCULAR

Waste Management and Environmental Sustainability

As today's cross cutting issue and major concern is waste management and environmental sustainability to create an awareness among students a group discussion and presentation on carbon foot print reduction and solid waste management will be conducted during zero hour on Friday , 17/03/2023.

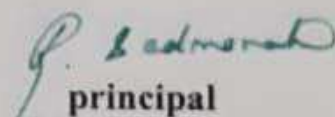
Co ordinators

Class teachers,

Dr. Gifty M Jojo,

Dr. Deepa M K, Ms. Lins Mary Joy

Dr. Dhamish Joseph ,


principal

Dr. BADMANABAN. R
PRINCIPAL

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(UG)
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REPORT ON PROGRAM ORGANISED

Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program
Program Sub Category	Carbon foot print and Waste Management
Event (description)	A group discussion and presentation
Attendees	Students
Coordinator/In charge	
Class teacher/Student Coordinator	Dr. Merrin Joseph/Riya Ann Thomas
Agenda (If any)	To create awareness on Environmental Sustainability
Recourse Person/oral presenter	Ahil Joseph, Reba Renju, Angel Jaimon, Swathy S
Venue	Class room (pharm.D)
Industry	College
Mode of interaction	Offline
Outcomes	Awareness regarding waste Management and carbon foot print
Date and Time	17/05/2023 11.35-12.30pm
Organised By	Class in charge: Dr. Merrin Joseph

Number of participants:19

Program Summary:

REPORT

“Carbon Foot print and Waste Management “

To raise awareness among students about waste management and environmental sustainability, a group discussion and presentation on reducing carbon foot prints and solid waste management were held on Friday, May 12, 2023, during library hours. The respective class teacher, Dr. Merrin Joseph was the co-ordinator. Our class held the group discussion from 11.35 to 12.30p.m. Our class representatives, Riya Ann Thomas and Ahil Joseph organized the program. The Oral Presenters were Ahil Joseph, Reba Renju, Angel Jaimon, Swathy S.

The discussion was conducted by dividing our class into four groups. Firstly, we were given 30 minutes to talk and share our views about how to handle human-generated waste among our group members, then the group discussion took place. Group A and B contributed by expressing their opinions on what is carbon foot print, sources its adverse effects, how to reduce its effect. Group C and D discussed on environmental sustainability, laboratory waste reduction and processing methods, food waste and solid waste management by different methods.





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REPORT ON PROGRAM ORGANISED

Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program On cross cutting issue
Program Sub Category	A group discussion and presentation
Event (description)	Carbon foot print & Solid Waste management presentation
Attendees	Faculty / Students
Coordinator/In charge	Mrs. Lins Mary Joy /Dr. Deepa MK
Class teacher/Student Coordinator	Class teacher : Elseena Jose Student coordinators: Joel P Jose, Vrinda Jayakumar, Akash Jacob
Agenda (If any)	To create awareness on current issues such as carbon footprint reduction and solid waste management
Recourse Person/oral presenter	Abino Shylet, Ashmi P.s , Juliet , Vrinda Jayakumar
Venue	4 th semester class room
Industry	College
Mode of interaction	Offline
Outcomes	Environmental sustainability, life long learning
Date and Time	17-03-2023, 3.00pm-4.15pm
Number of participants	95
Organised By	Class in charge: Elseena Jose

Program Summary:

A group discussion and presentation was held on the topics Carbon footprint reductions and solid waste management by students of 1st semester B. Pharm. The students were divided into 4 groups and 2 groups were given the topic solid waste management and 2 groups carbon footprint reduction. One person from each group presented their views with the help of power point presentation.

Carbon foot print reduction: A carbon footprint is the total amount of greenhouse gases (including carbon di oxide and methane) that are generated by our actions. **The discussion was held to understand the different ways about carbon footprint reduction in our campus and some of them are:**

- Walk, carpool, bike, public transport
- Locally sourced food
- Reusable bottles
- News online and avoiding the use of news papers
- Unplug chargers when not in use



Students can play an important role to reduce our carbon footprint by planting trees in college campus, reduce plastic waste, use public transport etc.

Solid waste management: Recycling waste not only protect environment but will also save on cost or reduce expenses for disposal in the same way, recycling and reusing the waste that are produces benefits and lowers the potential for contamination. The programme on waste management at a college campus has enabled students to get a clear picture of the magnitude of waste generation, present management techniques and the methods that can be employed to tackle the problem of waste. The raw data obtained can be effectively used to devise better solutions that are economically, socially and environmentally viable. The study has opened the eyes to alternative management techniques.

Prepared and verified by Name: Elseena Jose

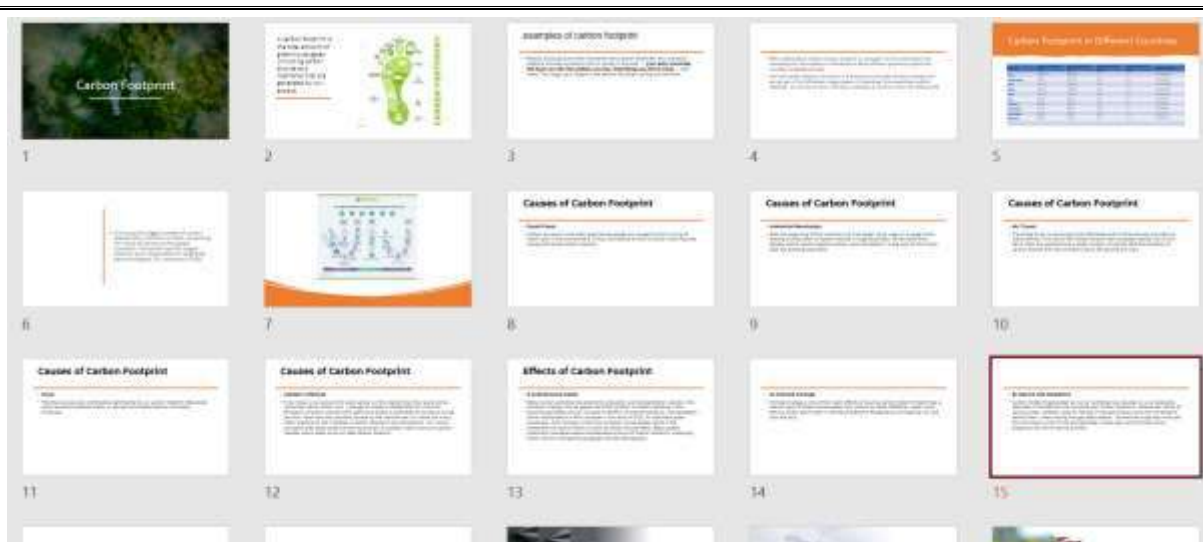
Photo's



Students' presentation



Presentation contents



Screenshots of students' presentation content



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NIRMALA COLLEGE OF PHARMACY,MUVATTUPUZHA.

REPORT ON PROGRAM ORGANISED

Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program On cross cutting issue
Program Sub Category	A group discussion and presentation
Event (description)	Carbon foot print & Solid Waste management presentation
Attendees	Faculty/ Students
Coordinator/In charge	Mrs. Lins Mary Joy /Dr. Prasanth B
Class teacher/Student Coordinator	Dr Prasanth B, Ms. Aysha saja
Agenda (If any)	To create awareness on current issues regarding waste management
Recourse Person/oral presenter	Aleena Raju,Anitta saji,Aysha saja,Beema ummer,Irin rose paul
Venue	6th Semester B. Pharm Classroom
Industry	College/ Industry/Hospital etc
Mode of interaction	Offline
Outcomes	Ways to manage solid waste and to reduce carbon foot print
Date and Time	17/03/2023 3.15 – 4.15 pm
Number of participants	61
Organised By	Class in charge:Dr Prasanth B

Program Summary

A Power point presentation programme was conducted by 6th semester B. Pharm students on the management of solid waste and about the methods to reduce carbon foot print. Students were well prepared and nicely presented the same. Many innovative ideas were put forward to bring effective waste segregation and waste management in the campus. Harmful effects of increased carbon dioxide production was studied and measures to decrease the carbon footprint in the campus was discussed.

Suggestion

Prepared and verified by Name: Dr Prasanth B





Photos of students' presentation and group discussion

Sl.No	Presented by	B Pharm, Pharm D, M Pharm, Staff	Year/ Semester	Attended by
1	ysha saja	B.Pharm	6	ALL
2	Beema ummer	B.Pharm	6	ALL





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REPORT ON PROGRAM ORGANISED

Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program On cross cutting issue
Program Sub Category	A group discussion and presentation
Event (description)	Carbon foot print & Solid Waste management presentation
Attendees	Students
Coordinator/In charge	Mrs.Lins Mary Joy /Dr.Deepa MK
Class teacher/Student Coordinator	Anabel Benny & Aron Joshy
Agenda (If any)	To create awareness on current environmental issue
Recourse Person/oral presenter	Saran G Pillai
Venue	Class room (1st Pharm D)
Industry	College
Mode of interaction	Offline
Outcomes	Awarness regarding waste Management
Date and Time	17/03/2023 3:15pm - 4:15pm
Organised By	Class in charge: Ms. Flowerlet Mathew

Number of participants:

Program Summary:

"RECYCLE FOR THE LIFE CYCLE"

To raise awareness among students about waste management and environmental sustainability, a group discussion and presentation on reducing carbon foot prints and solid waste management were held on Friday, March 17, 2023, during zero hours. The respective class teachers, Dr. Deepa MK, Ms. Lins Mary Joy, Dr. Gifty M Jojo, and Dr. Dhanish Joseph served as co-ordinators. The discussion was coordinated by Ms. Flowerlet Mathew. Our class held the group discussion from 3:15 to 4:15 p.m. Our class representatives, Anabel Benny and Aron Joshy organized the program. The Oral Presenter was Saran G. Pillai. The discussion was conducted by dividing our class into four groups with respective leaders to represent their group. The leaders were Alakananda Pradeep (Group A), Angel Baby (Group B), Jewel James (Group C) and Nafeesath Ziya (Group D). Firstly, students were given 30 minutes to talk and share our views about how to handle human-generated waste among our group members, then the group discussion took place. Group A contributed by expressing their opinions on how to manage recyclable lab waste, such as filter paper and chemical waste. Used Filter paper can be recycled after being turned into pulp. They talked about ways to recycle laboratory waste. Group B discussed their opinions on both biodegradable and Non-



biodegradable waste. Group C conveyed their opinions on how to handle dangerous and toxic substances. It is possible to transform harmful compounds into beneficial ones. They discussed how to manage hazardous waste in order to lessen its toxicity and negative effects on the ecosystem. The use of incinerators in anatomy labs to lessen the waste produced by the use of lancets was addressed by Group D. Additionally, they discussed the disposal of toxic waste deep within the earth. In conclusion,

We were able to come up with innovative and creative ideas on the reduction of toxic and man-made wastes. We were able to expand our knowledge of waste management and environmental sustainability.



Photos of Students' presentation and group discussion



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REPORT ON PROGRAM ORGANISED

Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program on cross cutting issue
Program Sub Category	A group discussion and presentation
Event (description)	Carbon foot print & Solid Waste management presentation
Attendees	Faculty/ Students
Coordinator/In charge	Mrs. Lins Mary Joy /Dr. Deepa MK
Class teacher/Student Coordinator	Ms. Vincy Varghese, Ms. Gifty Jojo
Agenda (If any)	To create awareness on current issues regarding waste management
Recourse Person/oral presenter	Anakha Sebastian, Binoy Sebastian, Godwin Thomas, Sujjala Subhash
Venue	3 rd Semester B. Pharm Classroom
Industry	College/ Industry/Hospital etc
Mode of interaction	Offline
Outcomes	Ways to manage solid waste and to reduce carbon foot print
Date and Time	17/03/2023 3.15 – 4.15 pm
Number of participants	98
Organised By	Class in charge: Ms. Vincy Varghese

Program Summary

As today's cross cutting issues and major concern is waste management and environmental sustainability to create an awareness among students a group discussion and presentation on carbon foot print reduction and solid waste management was conducted during zero hour on Friday 17/3/23 for the 5th Pharm D students, under the guidance of class teacher Dr. Suja Abraham. The class was divided into 3 groups. Several recommendations were put forth by the students after discussion. The following were the **Suggestion/recommendations** discussed:

1. GROUP EXPERIMENTS:

- Reduce the number of individual experiments
- Divide the students into groups and conduct the experiments

2. WASTE SEGREGATION

- Segregation of toxic and nontoxic chemical wastes
- Proper disposal of chemical waste in appropriate environment

3. USE THE NON TOXIC CHEMICAL AND CLAY TO MAKE POTTERY

- It can be given to outgoing students as a memento.
- Or for decorating college campus



4. VIRTUAL LABS

- The experiments can be conducted using virtual applications.
- Less important experiments can be conducted through virtual labs.
- Utilise the virtual experiment softwares

5. CHEMICAL TRANSFORMATION FROM TOXIC TO NONTOXIC

- Neutralise the chemical waste before processing or disposal in order to reduced the toxicity
- Chemical toxic wastes should be processed before disposal

Prepared and verified by Name: Dr. Suja Abraham



Photos of Students' presentation and group discussion



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Title (Program Name)	Environmental sustainability
Program Category	Learning enrichment program
Program Sub Category	Carbon foot print and Waste Management
Event (description)	A group discussion and presentation
Attendees	Students
Coordinator/In charge	
Class teacher/Student Coordinator	Dr. Merrin Joseph/Riya Ann Thomas
Agenda (If any)	To create awareness on Environmental Sustainability
Recourse Person/oral presenter	Ahil Joseph, Reba Renju, Angel Jaimon, Swathy S
Venue	Class room (pharm.D)
Industry	College
Mode of interaction	Offline
Outcomes	Awarness regarding waste Management and carbon foot print
Date and Time	172105/2023 11.35-12.30pm
Organised By	Class in charge: Dr. Merrin Joseph

Number of participants:19

Program Summary:

REPORT

“Carbon Foot print and Waste Management “

To raise awareness among students about waste management and environmental sustainability, a group discussion and presentation on reducing carbon foot prints and solid waste management were held on Friday, May 12, 2023, during library hours. The respective class teacher, Dr. Merrin Joseph was the co-ordinator. Our class held the group discussion from 11.35 to 12.30p.m. Our class representatives, Riya Ann Thomas and Ahil Joseph organized the program. The Oral Presenters were Ahil Joseph, Reba Renju, Angel Jaimon, Swathy S.

The discussion was conducted by dividing our class into four groups. Firstly, we were given 30 minutes to talk and share our views about how to handle human-generated waste among our group members, then the group discussion took place. Group A and B contributed by expressing their opinions on what is carbon foot print, sources its adverse effects and how to reduce its effect. Group C and D discussed on environmental sustainability, laboratory waste reduction and processing methods, food waste and solid waste management by different methods.